

BENIES

THE SUPER STARS

THE INSEPARABLES 17 / 20 **BEN-ADDICT** 30 2 EGGS + CREPES + FRENCH TOAST, MAPLE SYRUP CUP, SOFT-BOILED EGG, BACON, AGED CHEDDAR CHEESE, BACON, SAUSAGES, SHREDDED HAM, BAKED BEANS, HOLLANDAISE, SERVED ON BAKERY ENGLISH MUFFIN HOLLANDAISE SAUCE, FRESH POTATOES & BAKERY BREAD & FRESH POTATOES 18 / 21 MC.MOQUEUR 24 BEN-PIGGIE GLUTEN FREE WAFFLE SANDWICH, CANADIAN MAPLE SYRUP, SOFT-BOILED EGG, HAM, SWISS CHEESE, HOLLANDAISE, EGG, CHEDDAR CHEESE, BACON, HAM & FRESH POTATOES SERVED ON BAKERY ENGLISH MUFFIN & FRESH POTATOES MARTIN PÊCHEUR BEN-GOAT 26 23 / 27 SESAME BAGEL, CREAM CHEESE, SMOKED SALMON, SOFT-BOILED EGG, BACON, GOAT CHEESE, SAUTED GREEN OIGNONS, CAPERS, GREENS, DILL, LEMON, MUSHROOMS, SPINACH, HOLLANDAISE ON AN ENGLISH DRIZZLE OF SESAME OIL & FRESH POTATOES MUFFIN & FRESH POTATOES SMOOTHIE BOWL **BEN-SALMON** 22 / 26 19 BLUEBERRY SMOOTHIE, CHIA SEEDS, NUTS, BANANAS, SOFT-BOILED EGG, CREAM CHEESE, SMOKED SALMON, CANADIAN HONEY& HOMEMADE GLUTEN FREE GRANOLA GREEN OIGNONS, CAPERS, DILL, LEMON, HOLLANDAISE SERVED ON A SESAME BAGEL & FRESH POTATOES FANCY TERIYAKI 21/25 CRISPY ENGLISH MUFFIN, CREAM CHEESE, AVOCADO SPREAD. 22 / 26 BEN-SPICY AVOCADO GREEN ONIONS, GREEN APPLE, BASIL, SMOKED SALMON, SOFT-SOFT-BOILED EGG, AVOCADO, BACON, LEEKS FONDU, SWISS BOILED EGG. TERIYAKI SAUCE. SPICY MAYO & HONEY CHEESE, HOLLANDAISE SAUCE, SRIRACHA, LIME ZEST +4\$ FRESH POTATOES ON A CRISPY ENGLISH MUFFIN & FRESH POTATOES FAMOUS TOASTS BREAKFAST CASSEROLES HERBIVORE TOAST 24 24 **MEAT LOVER** BAKERY BREAD, HOMEMADE GLUTEN FREE VEGE EGG, BACON, SAUSAGE, SHERRED HAM, OIGNONS, PATE, CARAMELISED OIGNONS, CUCUMBER, GREENS, FRESH POTATOES, HOLLANDAISE SAUCE, MARINATED RADISH, VEGETALIEN MAYO-DIJON & AGED CHEDDAR & BAKERY BREAD **BLACK SESAME SEEDS** + 2.50\$ EGG 22

24

21

AVOCADO TOAST

LUXURIOUS TOAST

+ 4\$ FRESH POTATOES

LARGE SLICE OF BAKERY BREAD, AVOCADO PUREE, SOFT-BOILED EGG, CRISPY OIGNONS, GREENS & BALSAMIC REDUCTION

LARGE SLICE OF BAKERY BREAD, BACON, GOAT

CHEESE, AVOCADO PUREE, 2 SOFT-BOILED EGGS, GREENS, BALSAMIC & CANADIAN HONEY

VEGGIE ALL THE WAY

EGG , SEASONAL GRILLED VEGETABLES, AGED CHEDDAR, HOLLANDAISE SAUCE, FRESH POTATOES & BAKERY BREAD

+4\$ AVOCADO SLICES ON TOP



PLEASE INFORM US OF ANY ALLERGIES OR RESTRICTIONS. PLEASE NOTE THAT WE CANNOT GUARANTEE THE COMPLETE ABSENCE OF CONTAMINATION.

17

22

11

13

21

4.5 4.5 3.5 6.5

3.25 3

5

3

4

8

OMELETTES		SIMPLE & WOW
VEGGIE-VEGGIE GRILLED SEASONAL VEGETABLES, SPINACH, GOAT CHEESE, FRESH POTATOES & BAKERY BREAD	22	YOGOURT OR OATMEAL SERVED IN A BOWL ACCOMPANIED WITH SEASONAL FRESH FRUITS & NUTS • 3\$ CANADIAN MAPLE SYRUP
WESTERN HAM, SWEET ONIONS, BELL PEPPERS & SWISS CHEESE, FRESH POTATOES & BAKERY BREAD	22	BLT SANDWICH SESAME BAGEL OR ENGLISH MUFFIN, BACON, EGG, SPINACH, TOMATO, SWISS
BACON & CHEDDAR SLICES OF BACON, AGED CHEDDAR CHEESE	20	CHEESE, MAYO & FRESH POTATOES
FRESH POTATOES & BAKERY BREAD		EGGIES
HAM & SUISSE SHREDDED HAM , SWISS CHEESE FRESH POTATOES & BAKERY BREAD	20	1 EGG Fresh potatoes & Bakery Bread
CHEEZY-CHEEZ OLD CHEDDAR CHEESE, SWISS CHEESE,	20	2 EGGS FRESH POTATOES & BAKERY BREAD
FRESH POTATOES & BAKERY BREAD		2 EGGS+BACON+SAUSAGES FRESH POTATOES & BAKERY BREAD
CREPES & FRENCH TOASTS + 2\$ GLUTEN FREE WAFFLE		EXTRAS TRALALAA
BANANA-FRUITY CHOCOLATE SAUCE, ROASTED ALMONDS,	22	SHREDDED HAM Bacon Sausages (2)
BANANAS & SEASONAL FRUITS		SMOKED SALMON
CLASSIC NATURE CANADIAN MAPLE SYRUP	15	GLUTEN FREE CRETON BEANS
		CREPE, HALF WAFFLE OR FRENCH TOAST CANADIAN MAPLE SYRUP FRESH POTATOES BOWL OLD CHEDDAR
LIL DUCKS (10 YRS & -)		LINDA'S POUTINE SEASONAL FRUIT BOWL TOMATOES

COCO-BUNNY

PORTION)

A BUNNY-SHAPED EGG WITH BACON, CHEESE PIECES, & POTATO CHUNKS

CREPE (CHOCO OU SYRUP)

CREPE SERVED WITH FRESH FRUITS (CHILD'S



AVOCADO SLICES

WE OFFER VARIOUS OPTIONS. TO LEARN ABOUT THE CHOICES AVAILABLE FOR YOU, PLEASE ASK YOUR WAITRESS.
*ADDITIONAL CHARGES MAY APPLY

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